JOBST® Ready-to-Wear Lower Limb Compression Garment
Prescription request

HC<sub>Healthcare</sub>21

TO ORDER PLEASE EMAIL: info@hc21.ie



| Date:             | Purchase Order No.: | Patient Name:    |                |
|-------------------|---------------------|------------------|----------------|
| Measured By:      |                     | Tel:             | Ema <u>il:</u> |
| Delivery Address: |                     | Invoice Address: |                |
|                   |                     |                  |                |

Please ask your patient to present this form to their prescriber to obtain the hosiery on prescription.

Date:

Quantity Required:

## **Garments Options**

|                              |   |      | Available options                             |        |             |       |       |       |   |
|------------------------------|---|------|---|--------|-------------|-------|-------|-------|---|
|                              | Description   | Knee | Thigh high with options of silicone top bands | Tights | Open<br>toe | CCL 1 | CCL 2 | CCL 3 | Colour  |
| JOBST®<br>UltraSheer         | Outstanding sheerness<br>for an elegant and<br>stylish appearance       | 1    | 1   | 1      | 1           | 1     | 1     |       | Natural, Caramel*,<br>Bronze*, Espresso*<br>Anthracite, Black |
| JOBST®<br>Opaque             | Comfortable and soft  | 1    | 1   | 1      | 1           | 1     | 1     |       | Natural, Caramel,<br>Bronze, Navy,<br>Black                   |
| JOBST®<br>forMen<br>Ambition | Timeless ribbed design,<br>indistinguishable from<br>a man's dress sock | 1    |   |        |             | 1     | 1     |       | Black, Dark grey,<br>Brown, Navy, Khaki                       |
| JOBST®<br>forMen<br>Explore  | Higher cotton content, indistinguishable from a sock                    | 1    |   |        |             | 1     | 1     |       | Black, Dark grey,<br>Navy, Khaki                              |

All available on Drug Tariff. \*closed toe only

Please use instructions and measurement charts on the reverse of this sheet to select size.

| Contact number:                             | Measured by:   |
|---|--|
| Please <b>tick</b> or write as appropriate: |  |
| <b>Brand:</b> ☐ JOBST® UltraSheer ☐ JO      | BST® Opaque  |
| JOBST® forMen Ambition                      | JOBST® forMen Explore                                |
| Style:                                      | Tights   |
| Colour:                                     |  |
| Top band option for thigh high: Sensiti     | ive Dotted Lace                                      |
| Toe option: Open toe Closed toe             | NB JOBST® forMen is always closed toe and below knee |
| Size:                                       |  |
| Length:                                     |  |
| Compression class:                          |  |

I would like to request JOBST® brand / style / colour / toe option / size / length / compression class

Repeat prescription required every months

Clinic name:

# JOBST® Ready-to-Wear Measuring Information

#### How to use the measuring chart

#### Step 1

Measure the points on the diagram below and write the measurements in the column provided.

Example:

| VI    | Measurements |
|-------|--------------|
| i0-68 | 46           |
| i9-81 | 58           |

#### Step 2

Look along the row and circle the number ranges that your measurement fits into. This will probably be more than one column.

Example: If cA measurement is 22cm  $\,$ 

| cG silicone |         |         |       |
|-------------|---------|---------|-------|
| band wide   | 49-57   | 53-62   | 57-67 |
| cG          | 43-57   | 45-62   | 49-67 |
| cF          | 39-52   | 41-56   | 44-60 |
| cE          | 30-37   | 33-40   | 35-43 |
| cD          | 27-33   | 29-36   | 32-39 |
| cC          | 28-34   | 30-37   | 33-40 |
| cB1         | 23-27   | 24-29   | 26-32 |
| сВ          | 18-20   | 20-22   | 22-24 |
| cY          | 26-31   | 28-33   | 29-35 |
| cA          | (17-22) | (19-24) | 21-26 |

#### Step 3

Use the circling process for the remaining measuring points up the limb.

Example:

cA 22cm cY 33cm

| cY 33cm          |  |
|------------------|--|
| cB 23cm          |  |
| ividabulellielli |  |
| point            |  |

| point                    | 1       | п       | III     | IV      | v    |  |
|--------------------------|---------|---------|---------|---------|------|--|
| cG silicone<br>band      | 43-48   | 45-52   | 49-56   | 53-60   | 56-  |  |
| cG silicone<br>band wide | 49-57   | 53-62   | 57-67   | 61-72   | 65-  |  |
| cG                       | 43-57   | 45-62   | 49-67   | 53-72   | 56-  |  |
| cF                       | 39-52   | 41-56   | 44-60   | 47-65   | 50-  |  |
| cE                       | 30-37   | 33-40   | 35-43   | 37-45   | 39-  |  |
| cD                       | 27-33   | 29-36   | 32-39   | 34-42   | 36-  |  |
| cC                       | 28-34   | 30-37   | 33-40   | 35-43   | 37-  |  |
| cB1                      | 23-27   | 24-29   | 26-32   | 29-35   | 31-  |  |
| сВ                       | 18-20   | 20-22   | 22-24   | 24-26   | 26-  |  |
| cY                       | 26-31   | (28-33) | 29-35   | (31-37) | (32- |  |
| cA                       | (17-22) | (19-24) | (21-26) | 23-29   | 25-  |  |

#### Step 4

At completion, you will see a line of best fit in one column. There is a number at the top of this column, this is your size.

Example:

| 1    | II .    | Ш       | IV      | V       | VI    | Measureme |
|------|---------|---------|---------|---------|-------|-----------|
| -48  | 45-52   | 49-56   | 53-60   | 56-64   | 60-68 |           |
| -57  | 53-62   | 57-67   | 61-72   | 65-77   | 69-81 |           |
| -57  | 45-62   | 49-67   | 53-72   | 56-77   | 60-81 |           |
| -52  | 41-56   | 44-60   | 47-65   | 50-69   | 53-73 |           |
| -37  | 33-40   | 35-43   | 37-45   | 39-48   | 41-51 |           |
| -33  | (29-36) | (32-39) | (34-42) | 36-45   | 38-48 | 34        |
| -34  | (30-37) | 33-40   | 35-43   | 37-46   | 39-49 | 35        |
| -27  | 24-29   | 26-32   | 29-35   | 31-37   | 33-39 | 29        |
| -20  | 20-22   | (22-24) | 24-26   | 26-28   | 28-30 | 23        |
| -31  | (28-33) | (29-35) | (31-37) | (32-3B) | 33-40 | 33        |
| -22) | (19-24) | 21-26   | 23-29   | 25-32   | 27-34 | 22        |

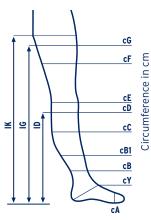
#### Step 5

Take a length measurement, choose the appropriate length measurement under the chart.

Please note, the most important measurements to take are cB, cC and cD, but taking other measurements is likely to identify the best fitting size. Some patients may fit into more than one size, use clinical judgement to select. If there is no clear line of best fit, this patient may need a made to measure flat-knit garment.

#### JOBST® UltraSheer / JOBST® Opaque

For below knee garments, measurement above cD is not required.

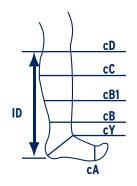


| Measurement              | RAL Compression classes 1 (18-21mmHg) and 2 (23-32mmHg) |       |       |       |       |       |              |  |  |
|--------------------------|---|-------|-------|-------|-------|-------|--------------|--|--|
| point                    | 1   | II    | Ш     | IV    | V     | VI    | Measurements |  |  |
| cG silicone<br>band      | 43-48   | 45-52 | 49-56 | 53-60 | 56-64 | 60-68 |              |  |  |
| cG silicone<br>band wide | 49-57   | 53-62 | 57-67 | 61-72 | 65-77 | 69-81 |              |  |  |
| cG                       | 43-57   | 45-62 | 49-67 | 53-72 | 56-77 | 60-81 |              |  |  |
| cF<br>cE                 | 39-52   | 41-56 | 44-60 | 47-65 | 50-69 | 53-73 |              |  |  |
| сЕ                       | 30-37   | 33-40 | 35-43 | 37-45 | 39-48 | 41-51 |              |  |  |
| cD                       | 27-33   | 29-36 | 32-39 | 34-42 | 36-45 | 38-48 |              |  |  |
| cC                       | 28-34   | 30-37 | 33-40 | 35-43 | 37-46 | 39-49 |              |  |  |
| cB1                      | 23-27   | 24-29 | 26-32 | 29-35 | 31-37 | 33-39 |              |  |  |
| сВ                       | 18-20   | 20-22 | 22-24 | 24-26 | 26-28 | 28-30 |              |  |  |
| сҮ                       | 26-31   | 28-33 | 29-35 | 31-37 | 32-38 | 33-40 |              |  |  |
| cA                       | 17-22   | 19-24 | 21-26 | 23-29 | 25-32 | 27-34 |              |  |  |
| Length                   |   |       |       |       |       |       |              |  |  |

#### Length measurements in cm:

AD: ID petite 34-39, ID regular 39-45 AG: IG petite 60-69, IG regular 70-80 AT/AG-T: IK petite 65-75, IK regular 75-85

### JOBST® forMen Ambition / JOBST® forMen Explore



| Measuremen        | t | RAL Compression classes 1 (18-21mmHg) and 2 (23-32mmHg) |         |         |         |         |           |              |  |
|-------------------|---|---|---------|---------|---------|---------|-----------|--------------|--|
| point             |   | 1   | 2       | 3       | 4       | 5       | 6         | Measurements |  |
| g cD              |   | 28-34   | 31-38   | 34-41   | 37-46   | 40-49   | 42-52     |              |  |
| .⊆ cC             |   | 30-36   | 32-40   | 34-43   | 38-47   | 40-50   | 43-53     |              |  |
| CBCCY             |   | 23.5-27.5   | 26-30.5 | 28.5-33 | 31-36.5 | 33.5-39 | 35.5-41.5 |              |  |
| ee cB             |   | 18-20   | 20-22   | 22-24   | 24-26   | 26-28   | 28-30     |              |  |
| E cY              |   | 26-31   | 28-33   | 29-35   | 31-37   | 32-38   | 33-40     |              |  |
| <sup>;</sup> Ō CA |   | 17-22   | 19-24   | 21-26   | 23-29   | 25-32   | 27-34     |              |  |
| Length            |   |   |         |         |         |         |           |              |  |

**Length measurements in cm:** regular 39 - 45cm, long 45 - 51cm



